

### Intended Audience:

The intended audience for this conference includes specialists in gastroenterology. Residents, fellows, physician associates, advanced practice nurses, endoscopy nurses, gastroenterology nurses, registered dietitians, and other physicians with an educational need or interest in this topic may also attend.

### Overall Learner Objectives:

- Describe current and new modalities in the diagnosis and management of commonly encountered diagnoses in gastroenterology and hepatology.
- Utilize evidence-based medicine and updated clinical guidelines in the care of patients in gastroenterology and hepatology.

### Need More Information?

Please contact:

Continuing Medical Education  
The Cooper Health System  
2nd Floor, Suite N-300  
1 Federal Street  
Camden, NJ 08103  
Tel: (856) 382-6480  
Fax: (856) 382-6495  
E-mail: CME@cooperhealth.edu

### Please Note:

If you are unable to attend after registering, please contact us as soon as possible at (856) 382-6480.

### Cancellation Policy:

The Cooper Health System reserves the right to cancel this conference due to insufficient enrollment or other unforeseen circumstances.

### Refund Policy:

Your conference registration fee will be refunded (minus a \$20.00 processing charge) if we receive notification of your cancellation no later than March 6, 2026. No exceptions.

### Accreditation/Designation/Disclosure:



In support of improving patient care, The Cooper Health System is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



The Cooper Health System has been authorized by the American Academy of Physician Associates (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for **6.5 AAPA Category 1 CME credits**. PAs should only claim credit commensurate with the extent of their participation.



This activity was planned by and for the healthcare team, and learners will receive **6.5 Interprofessional Continuing Education (IPCE) credits** for learning and change.



Successful completion of this CME activity, enables the learner to earn credit toward the CME requirement(s) of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.

Learners can earn up to **6.5 CPEUs** at this educational activity.

The Cooper Health System designates this live activity for a maximum of **6.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

All faculty, planners, and others participating in continuing education activities sponsored by The Cooper Health System are expected to disclose all financial relationships.

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**3rd Annual**  
**Digestive Diseases Update**  
**Saturday, March 21, 2026**  
The Westin, Mount Laurel, NJ

# 3rd ANNUAL Digestive Diseases Update

**Saturday, March 21, 2026**

**7:00 AM – 3:35 PM**

**The Westin  
Mount Laurel, NJ**

 **Cooper**  
University Health Care

 **Cooper Medical School  
of Rowan University**

**CONTINUING MEDICAL EDUCATION**

3rd ANNUAL Digestive Diseases Update

Saturday, March 21, 2026

7:00 AM – 7:45 AM Breakfast and Registration/Exhibits  
7:45 AM – 8:00 AM Opening Remarks

SMALL BOWEL/COLONIC DISORDERS

Moderator: Christina J. Tofani, MD, FACP, FASGE  
8:00 AM – 8:20 AM Gynecological Diseases Masquerading as GI Disorders  
Saifuddin T. Mama, MD, MPH  
8:20 AM – 8:40 AM Celiac Disease: Long-term Care  
Tara L. Lautenslager, MD  
8:40 AM – 9:00 AM Management of Inflammatory Bowel Disease (IBD) during Pregnancy  
Thomas A. Judge, MD  
9:00 AM – 9:20 AM Diverticulitis: Inpatient Treatment and Follow up  
Krysta M. Contino, MD  
9:20 AM – 9:40 AM Quality Indicators for Screening Colonoscopy in 2026  
Joshua P. DeSipio, MD  
9:40 AM – 10:00 AM Evaluation and Management of Fecal Incontinence  
Rachel S. Frank, MD  
10:00 AM – 10:10 AM Question and Answer Period  
10:10 AM – 10:40 AM Break and Exhibits

ESOPHAGEAL/GASTRIC DISORDERS

Moderator: Anthony Infantolino, MD, FACP, AGAF, FASGE  
10:40 AM – 11:00 AM Barrett’s with Indefinite and Low-grade Dysplasia: A Management Gray Zone  
Anthony Infantolino, MD  
11:00 AM – 11:20 AM Approach to the Patient with Refractory Heartburn  
Christina J. Tofani, MD

11:20 AM – 11:40 AM Evaluation and Management of Hiatal Hernias: A Surgeon’s Approach  
David D. Shersher, MD  
11:40 AM – 12:00 PM Treatment Strategies for Gastroparesis  
Zubair A. Malik, MD  
12:00 PM – 12:10 PM Question and Answer Period  
12:10 PM – 1:00 PM Lunch and Exhibits  
1:00 PM – 1:40 PM KEYNOTE:  
Endoscopic Management of Complex Colon Polyps  
Douglas K. Rex, MD

PANCREATIC/HEPATOBIILIARY DISORDERS

Moderator: Steven R. Peikin, MD, FACP, AGAF  
1:40 PM – 2:00 PM Liver Biopsy and Portal Pressure Measurement: When, Why, and How  
Natalie Cosgrove, MD  
2:00 PM – 2:20 PM Utility of Noninvasive Testing for Liver Disease  
Christopher W. Deitch, MD  
2:20 PM – 2:40 PM Perioperative Management of the Patient with Liver Disease  
Nyan L. Latt, MD  
2:40 PM – 3:00 PM Management of Acute Pancreatitis in 2026  
Adib Chaaya, MD  
3:00 PM – 3:20 PM Pancreatic Cancer Screening: Who and How?  
Adam B. Elfant, MD, FACP  
3:20 PM – 3:35 PM Question and Answer Period  
3:35 PM Adjournment

Activity Directors:

Anthony Infantolino, MD, FACP, AGAF, FACP, FASGE  
Division of Gastroenterology and Hepatology  
Cooper Digestive Health Institute  
Cooper University Health Care  
Professor of Medicine  
Cooper Medical School of Rowan University  
Camden, NJ

Christina J. Tofani, MD, FACP, FASGE  
Division of Gastroenterology and Hepatology  
Cooper Digestive Health Institute  
Cooper University Health Care  
Associate Professor of Medicine  
Cooper Medical School of Rowan University  
Camden, NJ

Additional Faculty:

Adib Chaaya, M.D.  
Medical Director, Multidisciplinary Pancreatic Cyst Program  
Interventional Gastroenterology  
Cooper Digestive Health Institute  
Cooper University Health Care  
Division of Gastroenterology and Hepatology  
Cooper Digestive Health Institute  
Cooper University Health Care  
Assistant Professor of Medicine  
Cooper Medical School of Rowan University  
Camden, NJ

Krysta M. Contino, MD  
Division of Gastroenterology and Hepatology  
Cooper Digestive Health Institute  
Cooper University Health Care  
Assistant Professor of Medicine  
Cooper Medical School of Rowan University  
Camden, NJ

Natalie Cosgrove, MD  
Medical Director, Quality and Safety Gastroenterology  
Digestive Health Institute Center for Interventional Endoscopy  
AdventHealth  
Orlando, FL

Christopher W. Deitch, MD  
Division of Gastroenterology and Hepatology  
Cooper Digestive Health Institute  
Cooper University Health Care  
Associate Professor of Clinical Medicine  
Cooper Medical School of Rowan University  
Camden, NJ

Joshua P. DeSipio, MD  
Director, Performance Improvement  
Division of Gastroenterology and Hepatology  
Cooper Digestive Health Institute  
Advanced Luminal Endoscopy  
Associate Professor of Medicine  
Cooper Medical School of Rowan University  
Camden, NJ

Adam B. Elfant, MD, FACP  
Head, Division of Gastroenterology and Hepatology  
Cooper Digestive Health Institute  
Associate Professor of Medicine  
Cooper Medical School of Rowan University  
Camden, NJ

Rachel S. Frank, MD  
Division of Gastroenterology and Hepatology  
Cooper Digestive Health Institute  
Cooper University Health Care  
Assistant Professor of Medicine  
Cooper Medical School of Rowan University  
Camden, NJ

Thomas A. Judge, MD  
Division of Gastroenterology and Hepatology  
Cooper Digestive Health Institute  
Cooper University Health Care  
Associate Professor of Medicine  
Cooper Medical School of Rowan University  
Camden, NJ

Nyan L. Latt, MD, AGAF  
Director, Hepatobiliary Tumor Program  
Division of Transplant Hepatology and Gastroenterology  
Virtua Health  
Camden, NJ

Tara L. Lautenslager, MD  
Assistant Director, Gastroenterology Fellowship Program  
Division of Gastroenterology and Hepatology  
Cooper Digestive Health Institute  
Cooper University Health Care  
Assistant Professor of Medicine  
Cooper Medical School of Rowan University  
Camden, NJ

Zubair A. Malik, MD  
Chief, Section of Gastroenterology – Virtua South  
Director GI Motility and GERD Program  
Division of Gastroenterology  
Virtua Health System  
Voorhees, NJ

Saifuddin T. Mama, MD, MPH, FACP, FACS  
Pediatric and Adolescent Gynecology and Minimally Invasive Gynecology  
Division of Urogynecology and Female Pelvic Surgery  
Cooper University Health Care  
Professor of Clinical Obstetrics and Gynecology  
Cooper Medical School of Rowan University  
Camden, NJ

Steven R. Peikin, MD, FACP, AGAF  
Division of Gastroenterology and Hepatology  
Cooper Digestive Health Institute  
Cooper University Health Care  
Professor of Medicine  
Cooper Medical School of Rowan University  
Camden, NJ

Douglas K. Rex, MD  
Distinguished Professor of Medicine Emeritus  
Chancellor’s Professor, Indiana University Indianapolis  
Division of Gastroenterology/Hepatology  
Indiana University School of Medicine  
Indianapolis, IN

David D. Shersher, MD  
Co-Director, Aerodigestive Program  
Co-Director, Thoracic Oncology  
Head, Division of Thoracic Surgery  
Cooper University Health Care  
Associate Professor of Surgery  
Cooper Medical School of Rowan University  
Camden, NJ

3rd Annual Digestive Diseases Update

Saturday, March 21, 2026, 7:00 AM – 3:35 PM  
The Westin  
555 Fellowship Rd., Mount Laurel, NJ 08054  
(856) 778-7300



Registration is required.  
Space is limited, so registrations will be accepted on a first-come, first-served basis.  
No registrations by telephone will be accepted.

Register on-line: <https://cooperhealth.cloud-cme.com/3rdAnnualDD>

Or  
Email ALL of the registration information requested below to: [CME@cooperhealth.edu](mailto:CME@cooperhealth.edu)  
Or  
Mail registration and payment to: Continuing Medical Education  
The Cooper Health System  
2nd Floor, Suite N-300, 1 Federal Street, Camden, NJ 08103  
Or  
Fax registration form to: (856) 382-6495  
Faxed, e-mailed, and on-line registrations accepted for credit card payments only.

Registration Fees: (Includes breakfast, lunch, breaks, and course materials)

- ☐ \$150.00 – Practicing Physicians
  - ☐ \$75.00 – Allied Health Professionals (including Nurses and Technicians)
  - ☐ No charge for trainees (Fellows, Residents, and Medical Students)\*
- \*A letter of verification from your program director must accompany registration.

A notice will be sent to you to confirm your registration.

Pursuant to the Physician Self-Referral Law (Stark Law), Cooper is limited in the amount of nonmonetary compensation that it may provide to physicians. To ensure that it meets these regulatory limitations, Cooper documents the monetary value of your participation in each Cooper CME activity. If the monetary value provided to you would exceed these regulatory limits, you must pay to participate in the additional CME. Should you have any questions or wish to discuss this further, please contact Cooper’s Compliance Department at (856) 968-7417. Thank you for your interest in the CME opportunities.

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- ☐ Please indicate here if you DO NOT give The Cooper Health System permission to share limited contact information (learner name and degree, organization, and specialty) with any ineligible company or its agents.
- ☐ If you require assistance with hearing, vision, or mobility to make this activity accessible to you, please check here and return by March 6, 2026. You may also contact us if you have special meal requirements. We will contact you at the phone number you provide above.

FACULTY